

Guidance on riding over cattle grids¹



- Before riding, check your tyres are correctly inflated and in good condition. Tyres over 10 years old are due for replacement.
- Ride over the grid with the motorcycle straight and vertical, i.e. at a right-angle to the bars of the grid.
- Ride steadily, which means do not change any bike settings or direction when crossing the grid.
- If there is a road junction, or any other reason for braking in the region of the grid, get your braking done before crossing.
- **When crossing the cattle grid:**
 - **No braking – except in an emergency.**
 - **No changing gear.**
 - **No acceleration or deceleration.**
 - **No change of direction.**
 - **Both hands on the handlebars.**
 - **No use of switches or controls.**
 - **Keep a similar speed to that when approaching. 30mph should be fine.**
- **ALL THE ABOVE ARE IMPORTANT, BUT ESPECIALLY SO WHEN RIDING IN RAIN OR IN DAMP CONDITIONS.**

This guidance is provided on a purely advisory basis. It has been written by an experienced club member who used to commute over Dartmoor on a road bike.

¹ Photo by David Medcalf, CC BY-SA 2.0, <https://commons.wikimedia.org/w/index.php?curid=9148947>